

# How to Survive a Grand Truck Wrangle



**1** **Its not called Cluster Trucks for Nothin'**  
Plan to arrive at the Truck Wrangle early. Food Trucks attract swarms of foodies. So there *will* be lines and Trucks *will* run out of food. While walking to and from your parking spot may help you burn off the extra calories, planning to arrive early gets you the close parking and a head start on the lines. The early bird gets the worm, and in this case, a plethora of yum-yum treats and entertainment.

**2** **Do your Homework**  
Truck Wrangles provide a perfect opportunity to support your favorite food trucks and give you the chance to try something new. While we'll give you an *A for Effort*, chances are your stomach won't stretch to fit all the scrumptious treats offered up. Prioritize! Know what food trucks are coming to the Truck Wrangle and make a short list of your *must have's* and *must try's*.

**3** **Divide and Conquer**  
Bring your foodie friends to the Truck Wrangle (only ones who love to share). Each teammate can take on a different food truck line and bring back their winnings to share with the group. This way, you can try more food and split the cost. It also helps to have the benefit of the car pool lane and someone to enjoy the food comma with.

**4** **Always be Prepared**  
Come rain or shine, the trucks will wrangle. Check the weather and plan to dress appropriately. Depending on Mother Nature's mood, jackets, umbrellas, hats, sunglasses and sunscreen may be needed. Another thing that will be needed is **CASH**. While most Food Trucks take plastic, cash is preferred and great to have on hand. Bring your phones and cameras charged up so you can share your love for Food Trucks by spreading the word and documenting the gourmet food you devour.

**5** **Cluster Truck Events Heart Bloggers**  
Food Trucks thrive on social media, viral marketing and word of mouth. We don't mind if you talk with your mouth full as long as you are spreading the good word about what's going on at the Truck Wrangle.

**6** **Remember the Cause**  
Come for the food, stay for the fun — and sign up to **Walk to End Alzheimer's**. The 2011 Walks begin with the Doheny Beach, Dana Point Walk on Saturday, May 7 and The District at Tustin Walk on Saturday, June 18.

## **About Alzheimer's Association, Orange County**

The Orange County Chapter of the Alzheimer's Association provides a comprehensive suite of programs and services — provided at no charge — to meet myriad and evolving needs of people with Alzheimer's disease and related disorders, their families, caregivers and the community. For more information, please go to, [www.alz.org/oc](http://www.alz.org/oc), or call the 24/7 Helpline at 800.272.3900.

Together, we can end Alzheimer's disease.