



*Reaching Goals - Inspiring Dreams - Building Confidence*

[www.BigHartFoundation.com](http://www.BigHartFoundation.com)

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FOR IMMEDIATE RELEASE

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## Former NFL Linebacker, Ed Hartwell, Extends an Invitation to Families to Tour the Grand Opening of His Big Hart Wellness & Sports Academy

**"Being healthy is not just a workout, it is a lifestyle! The programs created focus health and nutrition, physical fitness, life skills in addition to a lot of fun for all involved."**

Edgerton Hartwell II, the founder of Big Hart Wellness & Sports Academy

Edgerton Hartwell II, the founder of Big Hart Foundation, has dedicated most of his life keeping hope alive in our children and youth of today. For years, his dream was to have a facility where our youth can positive reinforcement and dedicated staff member, who will empower them to believe in themselves, and by instilling confidence, show them that they can achieve their dreams.

As an integral part of the Big Hart Foundation, the Big Hart Wellness and Sports Academy's skilled staff will provide the development of social, ethical ,and Intellectual growth by instilling life skills such as, leadership, teamwork, and empower them through scholastic and athletic activities.

The Big Hart foundation has represented a collaborative effort between community service organization for the young, and local businesses, to prepare students for success, as adults, and contributing members of society and their community.

Saturday, January 30, 2016, from 10 am. to 2 pm. Ed Hartwell and his staff will open the doors to the public to tour the Big Hart Wellness & Sports Academy. Please join Hartwell and his staff his dream to help the community youth at 2021 West Liddell Road, Suite B, Duluth, GA 30096.

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For further information on this please visit:  
[www.BigHartFoundation.com](http://www.BigHartFoundation.com)