

# Help Your Teen Earn An **A+** in Self-Confidence

*Relieve academic and social anxiety  
with Hypnotherapy*

**Test-taking**  
**Social anxiety**  
**Classroom presentations**

**Claire Caines is a Licensed Clinical Social Worker and  
Certified Clinical Hypnotherapist with 30 years of experience.**

***Find out how Claire can help generate lasting results***

**Call today to find out more. 973-300-0428**

**CAINES CENTER FOR PSYCHOTHERAPY**

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