

FACT SHEET

About The Road to Rediscovery

The Road to Rediscovery podcast invites listeners to travel along on the journey of life. Through the words of each week's guests, listeners have the chance to reflect upon their own lives and perhaps, find lessons they can learn from throughout.

Host Aubrey Johnson hears from guests as they share stories of overcoming great odds to transform their lives. Some guests delve into the challenges, setbacks and bumps in the road they've encountered along the way. How did they make it through? How did those moments go on to shape their later years? Explore these questions and more on The Road to Rediscovery.

These stories are sometimes raw and always real. The question is, will we ignore these life lessons and move on, or rediscover them now and allow them to help us grow?

The Creator and Host

The Road to Rediscovery was created by Aubrey Johnson. Aubrey is originally from Cincinnati, Ohio, and currently lives in North Dallas, Texas.

Aubrey believes every person has a story to tell. Some stories serve to entertain, others to teach. He first conceptualized The Road to Rediscovery to provide a platform for these ordinary yet extraordinary people to share their stories in the hopes of helping others who may be suffering through dark times of their own.

Stories allow people to relate to one another and the act of sharing these words, thoughts and ideas is a gift. Aubrey feels it's an honor to be alongside his guests as they tap into incredible wells of inner strength in order to share their stories with others.

Above all, Aubrey wants his listeners and guests to know they're not alone. By walking this road together, we are all stronger.

Podcast Details

Established: 2014 (blog), June 2018 (podcast)

of Episodes: 65 episodes (as of August 2020)

Host: Aubrey T. Johnson Jr.

Trailer: <https://youtu.be/ZTdPvpuxlD8>

Schedule: The Road to Rediscovery releases episodes weekly on Thursday evenings

Download/Subscribe: You can subscribe to The Road to Rediscovery and listen to all past episodes online at www.road2rediscovery.com, on iTunes, or wherever you get your podcasts (Podbean, Spotify, etc.)

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What the creator and host is saying about The Road to Rediscovery

“I’ve had the honor and pleasure of interviewing some truly extraordinary people and the absolute No. 1 takeaway I’ve gotten from them is understanding the power and strength of vulnerability.” -Aubrey Johnson

“In this world, people help other people in many different ways. I truly feel this is my method of service to others.” -Aubrey Johnson

“One of my favorite things about the show is how it’s both introspective and retrospective, which is part of its beauty. Be it guest interviews or solo episodes, they each lend themselves to a deep observance within for awareness of self and reflection with the purpose of learning and growth.”
-Aubrey Johnson

“I’ve had my share of joy, pain and hard lessons to learn that I feel are relatable to what most people go through and are worthy of sharing in the name and spirit of helping others suffering through dark times of their own.” -Aubrey Johnson

“I believe that everyone has a story to tell. These stories can have different purposes, some to entertain, some to teach, some to do both or something completely different.” -Aubrey Johnson

What listeners are saying about *The Road to Rediscovery*

“Aubrey is super empathetic. As a result, his guests are able to open up about very personal experiences. He asks great questions and never assumes he knows what the guest is going through.” -Christian Modjaiso

“Love the interviews and interesting topics! Scratches my informational itches and keeps me coming back for more!” -Jeremy7438

“Great insights into what it means to make that journey to wholeness.” -Another World Audiobooks

“Aubrey is on the journey of life and this is a road that I am glad I stumbled upon.” -Impact Choice

“The Road to Rediscovery is a truly powerful podcast, touching those who are facing their own challenges in life. It is positively influencing the lives of people across multiple countries.” - Ruchi Singh, motivational speaker and mindset coach