

WHAT ARE THE 5 TYPES OF LIPEDEMA?

TYPE I

Buttock

Lipedema occurring in the buttocks causes an unsightly, disproportionate buildup of fat in the posterior. Aside from the visible fat buildup, this type of lipedema can lead to discomfort and pain when sitting. Liposuction is a good solution for lipedema in the buttocks.

TYPE IV

Arms

Lipedema in the arms is the most uncommon type. Primarily affecting the upper arms, this leads to heaviness and discomfort. Lymphatic massage is helpful, but this area responds especially well to liposuction treatment options.

TYPE II

Buttock/Hip/Thigh

More common than lipedema in just the buttocks, this type of lipedema causes swelling and fat buildup from the waist to the knees. This type of lipedema is more common in women. Treatment options include lymphatic massage and liposuction.

TYPE III

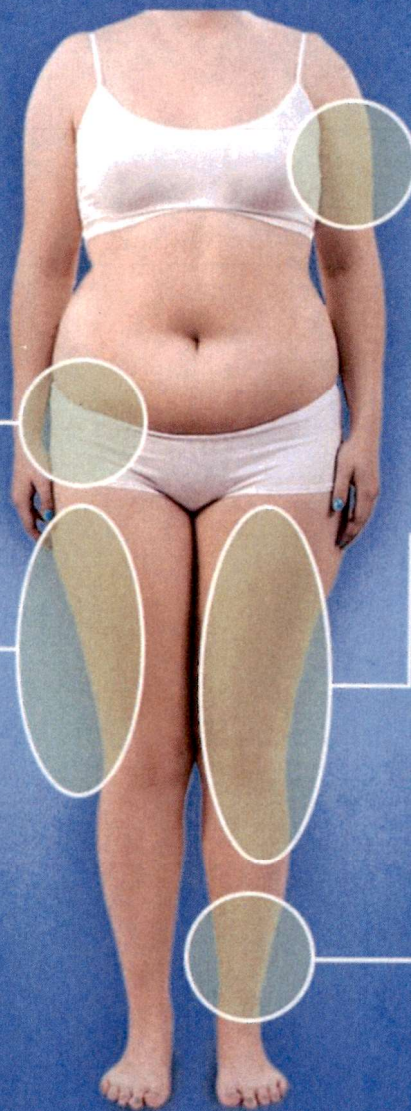
Buttock/Hips/Thighs/Calves

The most common type of lipedema, this type affects the entire lower body. With this type of lipedema, the lower body becomes very disproportionate to the upper body. This lipedema leads to heaviness in the lower limbs.

TYPE V

Calves

Lipedema occurring just in the calves leads to a heavy feeling when walking and occasionally pain. While it is less common to see just the calves affected by lipedema, treatment options are still similar to other types. Compression garments worn on the legs can help alleviate symptoms of this type of lipedema.



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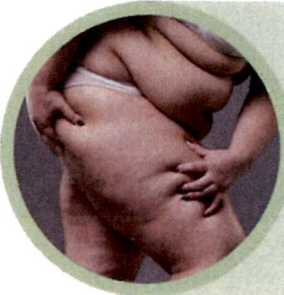
TYPE
1



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Buttock

TYPE
2



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Buttock/
Hip/
Thigh

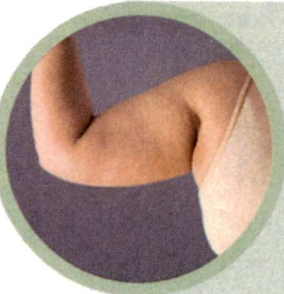
TYPE
3



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Buttock/
Hips/
Thighs/
Calves

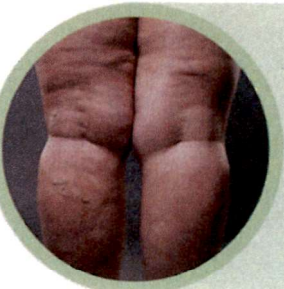
TYPE
4



Lipedema in the arms is the most uncommon type. Primarily affecting the upper arms, this leads to heaviness and discomfort. Lymphatic massage is helpful, but this area responds especially well to liposuction treatment options.

Arms

TYPE
5



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Calves