



# GREYBEARD

## THE MAN, THE MYTH, THE MISSISSIPPI

For immediate release: April 16th, 2023

**Contact the filmmakers:**

Zak Rivers, Alex Maier, and Amy Robin

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### History has been made in a film about a multiple Guinness World Record holder

Zak Rivers and Wilderness Mindset have made a feature-length film documenting F. Dale “Grey Beard” Sanders’ 2,340-mile-long journey in a canoe from the headwaters of the Mississippi River at Lake Itasca, MN to the Gulf of Mexico. The film released on DVD and streaming on April 1st, 2023.

During his paddle, Dale goes into the character forming events that shaped him into the man he is today. We learn about the nine world records that he has set, and he shares his philosophy on life that has kept him young at such an old age.

***Dale’s motto is, “someday I’ll get old.”***

He is an inspiration for the young and old to stay active and enjoy life no matter what your limitations are.

*A free link to view the 90-minute documentary can be provided by contacting one of the filmmakers.*



[Watch The Trailer Here!](#)



[www.GreybeardTheDocumentary.com](http://www.GreybeardTheDocumentary.com)



[Electronic Press Kit](#)



## Film Producers

In January 2023 the film premiered at Lookout Wild Film Festival to a standing ovation and it won the “Audience Choice” award. In February 2023 it was chosen to tour with Rapid Media’s Paddling Magazine Film Festival, winning “Best Canoe Film.” It has also been accepted to two other film festivals and is currently awaiting notification from many more festivals.

An electronic press kit with descriptions, photos, and videos can be found [on the website’s press page here.](#)

Dale Sanders, Zak Rivers, Alex Maier, and Amy Robin are available for inquiries and interviews.

A final message from Dale:

*“Both my Doctors have supported my age related record breaking paddles and hiking adventures. The future looks bright. God Willing and the Creeks Don’t Rise I will hike the Appalachian Trail again, setting yet another age record at 90 years old.”*



[@GREYBEARD: The Man, The Myth, The Mississippi](#)



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